

Supplement Facts

Serving Size: 4 Capsules
Servings Per Container: 30

Amount Per Serving		% Daily Value*
Calories	5	
Calories from fat 0		
Total Carbohydrate	<1 g	0%
Protein	1 g	2%
Vitamin A (as beta-carotene)	4,640 IU	90%
Vitamin B1 (as thiamin mononitrate)	0.12 mg	8%
Riboflavin	0.16 mg	10%
Vitamin B6	0.05 mg	2%
Vitamin B12 (as cyanocobalamin)	4 mcg	60%
Iron	0.36 mg	2%
Phosphorus	14 mg	1%
Magnesium	5 mg	<2%
Manganese	0.02 mg	<1%
Chromium	4 mcg	4%
Sodium	12 mg	<1%
Potassium	22 mg	<1%

* Percent Daily Values are based on a 2,000 calorie diet.

Other Ingredients: Spirulina, NanoClusters™ (Silica, Potassium Carbonate, Magnesium Sulfate), Brown Rice, and Magnesium Stearate.