



# 24Seven

Nutrition Around The Clock



Holistic Health  
Refined with  
Research

True to our heritage, we provide solutions that sustain and advance natural health and wellness. We combine the best of nature with responsible, smart science to deliver exclusive products with effective results. With over 25 years of research experience, RBC Life understands and improves the strength of nature so we can deliver it to you.

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### Key benefits:

- Highly bioavailable nutrition\*
- Convenient on-the-go supplementation\*
- Supports overall health\*

### What is it?

24Seven is a powerful multi-vitamin and mineral product that provides the foundation for a healthy life. 24Seven provides not only the vitamins and minerals we require, but it also includes whole foods, antioxidants, herbs, spirulina, aloe and specific heart-healthy ingredients.\*

### What is it formulated to do?

24Seven provides the body nutrition as it needs it - 24 hours a day, 7 days a week. It was formulated to be the highest-quality foundational product available to protect your health.

### Who may benefit?

Everyone can benefit from this multi-nutrient product. It is particularly helpful for men and women who wish to protect their heart health and support their immune systems with quality nutrients.\* It is a safe, multi-nutrient for older men as it contains no iron.

### How is it used?

24Seven takes the guesswork out of supplementation by providing 3 packets of supplements for each day. Simply take 1 packet with each of your meals for around-the-clock nutrition.

### The ultimate nutritional supplement

24Seven contains 75 ingredients, including the essential vitamins, minerals and trace elements needed to fill in the gaps left by our modern diet.

24Seven goes far beyond ordinary multi-vitamin products by providing numerous antioxidants along with nutrient-rich spirulina, Aloe vera, herbal concentrates, fruits, berries, vegetables and a powerful carotene complex. Give your body the quality nutrition it needs around the clock with 24Seven.

### Cellular nutrition

We have more than 75 trillion cells in our body. Each is a tiny “factory” that must manufacture hormones, enzymes and healthy new cells from only the food and supplements that we consume. 24Seven can provide the nutrients missing from our diets so that each one of these cells can do its job to provide you with optimum health.\*

### What makes 24seven unique?

- Immune system is supported from Aloe vera and has been certified for content and purity by the International Aloe Science Council.\*
- The world’s most nutritionally complete food – spirulina.
- Powerful antioxidants and plant micronutrients, including beta carotene, vitamin C, vitamin E, lycopene, lutein and astaxanthin
- Natural whole food blend of fruits and vegetables containing blueberry, broccoli, cranberry, grape, kale, raspberry, spinach and more



- See Over -

# Supplement Facts

Serving size: 1 Packet  
Servings per container: 90

	Per Packet		Per Day (3 Packets)	
	Amount Per Packet	% Daily Value	Amount Per Day	% Daily Value
Vitamin A (beta carotene)	2,500 IU	50%	7,500 IU	150%
Vitamin C	200 mg	333%	600 mg	1,000%
Vitamin D	133 IU	33%	400 IU	100%
Vitamin E	60 IU	200%	180 IU	600%
Thiamin	1.5 mg	100%	4.5 mg	300%
Riboflavin	1.7 mg	100%	5.1 mg	300%
Niacin	20 mg	100%	60 mg	300%
Vitamin B6	2 mg	100%	6 mg	300%
Folic Acid	330 mcg	83%	990 mcg	250%
Vitamin B12	6 mcg	100%	18 mcg	300%
Biotin	100 mcg	33%	300 mcg	100%
Pantothenic Acid	10 mg	100%	30 mg	300%
Calcium	110 mg	11%	330 mg	33%
Iodine	17 mcg	11%	50 mcg	33%
Magnesium	43 mg	11%	130 mg	33%
Zinc Hydrolyzed Vegetable Protein	2 mg	11%	5 mg	33%
Selenium Hydrolyzed Vegetable Protein (soy)	23 mcg	33%	70 mcg	100%
Copper Hydrolyzed Vegetable Protein	.2 mg	11%	.7 mg	33%
Manganese Hydrolyzed Vegetable Protein	.2 mg	11%	.7 mg	33%
Chromium Hydrolyzed Vegetable Protein	13 mcg	11%	40 mcg	33%
Molybdenum	8 mcg	11%	25 mcg	33%
Potassium	47 mg	1%	142 mg	4%
Whole Food Blend	575 mg	†	1.725 g	†
Spirulina, aloe vera powder (leaf), blueberry, broccoli, cranberry, grape, kale, raspberry, spinach				
Carotene Complex	39 mg	†	117 mg	†
Astaxanthin, lycopene, lutein, citrus bioflavonoids				
Herbal complex	30 mg	†	90 mg	†
Asian ginseng (root), rhodiola rosea (root), cayenne fruit powder, fo-ti (root), garlic (bulb), ginger (root), golden seal (root), hawthorn berry, papaya (leaf), red fennel (root), rose hips, sarsaparilla (root), uva ursi (leaf)				
Choline	15 mg	†	45 mg	†
Inositol	22.5 mg	†	67.5 mg	†
Trimethylglycine	20 mg	†	60 mg	†

† Daily value not established

**Other Ingredients:** Rice flour, magnesium stearate, silica, vegetable capsule (hypromellose, water)

**ALLERGEN INFORMATION:** CONTAINS SOY.

## Supporting your heart health

Heart health is a major concern to most adults, so we formulated 24Seven with the latest heart-health research in mind. 24Seven contains an ample dose of nutrients known to play a significant role in protecting cardiovascular health.\* Folic acid, vitamin B6, B12, riboflavin and trimethylglycine are included because they support normal homocysteine levels, a key factor in cardiovascular health.\* Inositol is added to help remove fats from the liver and to metabolize cholesterol.\* Astaxanthin is a powerful carotene that supports cell membranes, including red blood cells.\* When you take 24Seven you are taking a powerful step towards protecting the health of your heart every day.

## Herbs and whole foods

24Seven not only provides the basic vitamins and minerals your body needs, but it also contains whole foods such as berries and green vegetables so that you get the broad range of phytonutrients that most multi-vitamins do not contain. Whole foods contain nutrients that have not yet been identified, and they provide important co-factors necessary for the optimum absorption of nutrients.\*

Aloe vera and spirulina are two superfoods no one should go a day without. To help ensure this, we have added both of these nutritional powerhouses to each packet of 24Seven. In addition, we have added a blend of foods with an incredibly high antioxidant content. Cranberries, raspberries and the carotenoids combat the effects of aging as they scavenge free radicals in our bodies.\*

Order from your RBC Life Independent Associate:

24Seven contains a broad range of legendary herbs that play a powerful role in balancing the body and promoting good health.\* 24Seven contains 13 of the most well-researched herbs available. Our herbal blend leads with ginseng and rhodiola, both of which are known to help the body better handle stress.\* Capsicum, fo-ti, garlic, ginger, golden seal, hawthorn berry, papaya, red fennel, rose hips, sarsaparilla and uva ursi provide numerous benefits and balance virtually every system of the body.\*

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\* These statements have not been evaluated by the Food & Drug Administration.  
This product is not intended to diagnose, treat, cure or prevent disease.